

# Relief

When a physical condition or injury affects mobility or quality of life, there is one goal: A rapid return to every day activities.

Bay Harbor Podiatry Group is proud to be on the medical technological forefront by offering MLS Laser Therapy. We have invested in the very best technology as a key component of our continuing quest to offer you the finest in health care.

MLS Laser therapy has been cleared by the FDA and proven successful as evidenced by extensive and credible studies conducted in our country's finest institutions including Harvard University.

## Benefits of MLS Laser Therapy

Non-Surgical Treatment  
No Negative Side Effects • Rapid Results  
Speeds Healing Process

## MLS Laser Therapy Treats

Arthritis & Bursitis Pain  
Sports Injuries • Sprains & Strains  
Occupational Injuries  
Repetitive Motion Injuries  
Post-Surgical Swelling  
Heel Pain • Achilles Tendonitis  
Wounds • Bruising

## Bay Harbor Podiatry Group



21250 Hawthorne Blvd., #160  
Torrance, CA 90503  
[www.FootCareOne.com](http://www.FootCareOne.com)

**310.540.1213**

## MLS<sup>®</sup> Laser Therapy

*The Wave of the Future  
in Pain Management*



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# MLS<sup>®</sup> Laser Therapy

Reduce Pain. Relieve inflammation. Restore mobility.



MLS Laser Therapy uses specific wavelengths of light that have a strong anti-inflammatory, anti-edema effect on tissues that are exposed to the laser. Painful conditions accompanied by swelling or inflammation benefit from this technology.

Photons of laser energy penetrate deeply into tissue and accelerate cellular reproduction and growth. As a result of exposure to the MLS Laser,

the cells of tendons, ligaments and muscles repair themselves faster. As inflammation is reduced, pain subsides very quickly. In simple terms, laser energy kick-starts the healing process, thereby speeding recovery.

Unlike some pharmacological solutions, there are no known negative side effects. MLS Laser therapy is cleared by the FDA and is safe and effective.

## MLS Laser Therapy is painless.

Most patients report no sensation at all while receiving laser therapy. Treatments average 8 minutes. MLS Laser Therapy is fast-acting; many patients in high levels of acute pain experience relief after the first or second treatment.

## Over 90% of patients

experience positive results after the 3rd treatment, with the average course of treatment being 7 to 10 sessions. In many cases, by the 3rd or 4th treatment, swelling is greatly reduced and there is a rapid relief of pain. The effects of MLS Laser Therapy are cumulative; therefore, expect to see improvement as you proceed through your Treatment Plan. Chronic conditions can be controlled with regular treatments. Acute conditions usually subside quickly, typically within one phase of treatments.

## It is critical that once

you start, you complete the course of treatments recommended by your doctor or symptoms are likely to reoccur.

## MLS Laser Therapy effectively treats:

- Tendon and ligament injuries
- Soft tissue injuries
- Muscle strains and tears
- Sore muscles and joints
- Degenerative joint conditions
- Neurological pain
- Chronic non-healing wounds
- General pain
- Musculoskeletal disorders
- Pre and post-surgical treatment
- Anti-inflammation applications
- Specific neurological conditions

## Benefits of MLS Laser Therapy

- Rapid relief of pain
- Strong anti-inflammatory effect
- Timely healing of sprains and strains
- Rapid recovery of the structural integrity of injured region
- Rapid resolution of swollen areas
- Immediate improvement of local blood circulation
- Rapid repair of superficial injuries, such as wounds and ulcers

